

Monday

Yoga Room	Meeting Room	Dojo	Café'	Private Room
11-Gentle Yoga Ball	11-Sculpting			
	1-Fit N Fun			
	3:30- Writing k-5	3:15 Family TKD		
	4:30 Math middle	4:30-Kidz Karate		
5:30-Intro to Zumba-Hips on Fire	5:30-Spanish	5:00- Kick Kwon Do		5:30 Drawing
6:30-Hip Hop		5:45 Weapons		
7:30-Ballroom		6:30-Jeet Kune Do		
		7:15-Jeet Kune Do		

Tuesday

Yoga Room	Meeting Room	Dojo	Café	Private Room
10-Yoga				
	11-Arts & Crafts	Coming in fall: Mommy /Me Dance		
12-Power Ball				
		4:30 Test		
		5:30-Kidz Karate		
5:30-Hip Hop		6-Family TKD		
6:30-Zumba	6:30-Caricature	6:45-Advanced TKD		
7:30 Kung Fu	7:30 wood working / refinishing	7:30-Family TKD		
		8:15-Family Test		

Wednesday

Kung Fu Saturday 8am-10am

Thursday

Yoga Room	Meeting Room	Dojo	Cafe'
12-Gentle Yoga Ball	12:30 GED Prep	12-Party Dance	
	1-Fit N Fun	3:15-Family TKD	
		4:30-Kidz Karate	
		5:00-Kick Kwon Do	
		5:45-Weapons	4:30- Rubik's Cube
		6:30-Jeet Kune Do	6:30 Dinner
6:30 Zumba Gold	6:30-3D Photography	7:15-Jeet Kune Do	
	7:30 Marbleizing	8:00-Family TKD	

Yoga Room	Meeting Room	Dojo	Café'	Private Room
10-Yoga				
12-Power Ball		12-Party Dance		
	12:30 GED Prep			
	2:30-Writing 9-12			
	3:30-Writing 6-8	5:00- Toddler TKD		
		5:30 Kidz Karate		
	5:30-Spanish	6:00-Family TKD		
6:30 Mat Pilates	6:30-Holistic health	6:45-Family Sparring		
7:30 Zumba Gold	7:30- Watercolor	7:30-Family TKD		